

**1****ORGANIZATION OF THE NERVOUS SYSTEM 1**

- Introduction 2
- Overview of brain anatomy 3
- Internal anatomy of the brain 7
- Forebrain 12
- Hemisphere specialization 14
- Limbic system 16
- Orbitofrontal cortex 18
- Basal ganglia 18
- Diencephalon 18
- Thalamus 18
- Hypothalamus 19
- Peripheral nervous system 22
- Putting it all together: from anatomy to behaviour 30

**2****ELEMENTS OF CELLULAR AND MOLECULAR NEUROSCIENCE 33**

- Introduction 34
- Neurons 34
- Glial cells 36
- Neuron excitability 39
- Postsynaptic events and postsynaptic receptors 46
- Neurotransmitter synthesis 51
- Neurotransmitter inactivation 51
- Summation and neuronal integration 51

**3****CLINICAL ASSESSMENT 53**

- Introduction 54
- Component parts of the clinical examination 55
- Other investigations 62
- General comments 65

**4****THE SPINAL CORD 67**

- Introduction 68
- Gross anatomy of the spinal cord and vertebral column 68
- Functional organization of the spinal cord 69
- Spinal cord cell types 72
- Receptive fields 73
- Somatosensory pathways 73
- Blood supply to the spinal cord 80
- Damage to the spinal cord 80
- Comments on the case history 86
- Self-assessment case study 86

**5****PAIN AND ANALGESIA 89**

- Introduction 90
- Nociceptors 92
- Pain pathways 93
- Visceral and muscular pain pathways 94
- How does the central nervous system interpret a stimulus as painful? 95
- Physiology of pain modulation 96
- Counter-stimulation analgesia 97
- Supraspinal (descending) analgesia 97
- Acupuncture analgesia 99
- Arousal analgesia 99
- Psychology of pain 100
- Measuring pain 100
- Pain mechanisms after tissue damage: peripheral and central sensitization 101
- Neuropathic pain mechanisms 102
- Glial cells and neuropathic pain 104
- Pharmacology of pain 104
- Opioid receptors and ligands 107
- Opioid analgesic drugs 108
- Opioid antagonists 108
- Pain sensitivity to opioids 110
- Non-opioid analgesics 110
- Other approaches to pain management 111
- Neuropathic pain 111
- Migraine 111
- Treatment of migraine attacks 113
- Preventive treatment of migraine 115
- Trigeminal neuralgia 116
- Pain in children and in the elderly 116
- General comments on pain management 117
- Self-assessment case study 118

**6****CRANIAL NERVES AND THE BRAINSTEM 119**

- Introduction 120
- Anatomical organization of cranial nerves and their nuclei 120
- Internal organization of the brainstem 121
- Reticular formation 123
- Blood supply to the brainstem 126
- Brainstem reflexes 126
- Brainstem lesions 130
- Comments on the case history 132
- Self-assessment case study 133

7

**THE VISUAL SYSTEM 135**

- Introduction 136
- Structure of the eye 136
- Visual pathways 139
- Visual field defects 141
- Pupillary light reflexes 141
- Focusing of light on the retina 142
- Control of eye movements 144
- Structure and function of the retina 146
- Processing of visual information 151
- Summary 155
- Self-assessment case study 155

8

**HEARING AND BALANCE: THE AUDITORY AND VESTIBULAR SYSTEMS 157**

- Introduction 158
- Auditory system 158
- Vestibular system 169
- Comments on the case history 175
- Self-assessment case study 176

9

**MOTOR SYSTEMS I: DESCENDING PATHWAYS AND CEREBELLUM 177**

- Introduction 178
- Skeletal muscle contraction 179
- Reflexes 182
- Descending pathways 186
- Clinical importance of reflexes 191
- The cerebellum 194
- Self-assessment case study 200

10

**MOTOR SYSTEMS II: THE BASAL GANGLIA 201**

- Introduction 202
- Basal ganglia: structure and organization 202
- Parkinson's disease 204
- Huntington's disease 218
- Self-assessment case study 221

11

**STROKE AND HEAD INJURY 223**

- Introduction 224
- Physiological control of cerebral blood flow 225
- Blood supply to the brain 226
- Stroke 229
- Head injury 243
- Focal pathology in relation to vascular injury 245
- Treatment of head injury 251
- Comments on the case history 253
- Self-assessment case study 254

12

**INFECTION IN THE CENTRAL NERVOUS SYSTEM 255**

- Introduction 256
- Types of infection of the central nervous system 256
- The meninges 257
- Cerebrospinal fluid production and circulation 259
- Meningitis 263
- Encephalitis 268
- Cerebral abscesses 269
- Brain infections in the immunocompromised patient 270
- Self-assessment case study 271

13

**EPILEPSY 273**

- Introduction 274
- General description of epilepsy 274
- Epidemiology and causes of epilepsy 275
- Diagnostic investigations of epilepsy 276
- Examples of types of seizure 282
- Pharmacological treatment of epilepsy 287
- Other treatments for epilepsy 291
- Treatment of status epilepticus 292
- Social consequences of epilepsy 292
- Self-assessment case study 293

14

**DEMENTIA 295**

- Introduction 296
- Causes and diagnosis of dementia 296
- Neurobiology of learning and memory 299
- Alzheimer's disease 302
- Treatment of Alzheimer's disease 308
- Other types of dementia 312
- General considerations in the management of Alzheimer's disease and other types of dementia 314
- Self-assessment case study 315

15

### **SCHIZOPHRENIA AND NEURODEVELOPMENTAL DISORDERS 317**

- Introduction 318
- Schizophrenia: the clinical diagnosis 318
- Aetiology of schizophrenia 321
- Neurobiology of schizophrenia 322
- Treatment of schizophrenia 327
- Comments on the management of schizophrenia and the long-term prognosis 330
- Other psychoses and neurodevelopmental disorders 331
- Self-assessment case study 332

16

### **DEPRESSION AND ANXIETY 333**

- Introduction 334
- Classification of mood disorders 334
- Clinical features of mood disorders 334
- Epidemiology of depressive and bipolar disorders and their natural evolution 335

- Genetics of mood disorders 339
- Neurobiology of depression 339
- Treatment of depression 341
- Bipolar disorder and its treatment 345
- General comments on mood disorders 346
- Need for new therapeutic targets 347
- Comments on case history 348
- Anxiety disorders 348
- Treatment of anxiety disorders 349
- Insomnia 351
- Self-assessment case study 354

17

### **ADDICTION 355**

- Introduction 356
- Addiction and drug misuse: general comments 356
- Neurobiology of addiction 357
- Addiction and rehabilitation: general comments 371
- Self-assessment case study 372
- Index 373